GEAR UP FOR SUCCESS™



* Looking to change career?
* Seeking new employment?
* Starting your own business?
* Growing your existing business?
* Looking to develop your existing role?
* Planning your retirement?
* Seeking an acceptable work/life balance?

“If you want to ramp up your game, then this is the program which will make your own achievements surprise you at every level” *Peter Bennett – Partner, Bennett Griffin LLP Solicitors and Notaries.*

“This inspiring and accessible workshop helped me to review my goals and set a course for action” *Sharon Miller- Independent PR Professional*

Based on Paul Trew’s international bestselling book - ***Gear Up For******Success***, this inspirational, unique and affordable workshop will introduce you to the 'recipe for success' and provides a personal plan of action which is guaranteed to make a real and measurable difference to your business or life.

* How do you run your business; could it be more efficient?
* You're new in business; could you do with a real plan of action?
* Have you got a great business idea but don't know where to start?

“The results have been astounding with testimonials of life changing decisions that were just not expected, through to business diversification and achievement of short term goals in record time. You owe it to yourself to take time to attend” *Tina Tilley - CEO Worthing and Adur Chamber of Commerce.*

“One of the most useful courses I have ever attended” *Lisa Hector – General Manager Link To Hope*

“I found Gear Up for Success really helped me to make some important decisions in my future career” *Sharon Bennett – Pre-school manager*

Who should attend?

* Anyone looking to stretch and challenge themselves in order to achieve their real goals and ambitions.

When is the next workshop?

* Friday 26th May – Worthing. Field Place Manor House, The Boulevard, Worthing, BN13 1NP

How long is the workshop?

* 09.30hrs – 16.30hrs

What is the cost?

* £145 (no VAT applicable)

What will we be covering?

Introduction to the programme

Expectations and outcomes

Deciding what you really want to achieve

Using NLP (Neuro Linguistic Programming) – a short introduction

Setting your goals:

* SMART Goals
* Sensory Specific Goals
* From Goal to Vision

Self-Belief

Positive Communication

Leadership skills and qualities

Modelling good behaviour

Taking ownership and total responsibility

Recruiting your team

Sharing the dream

Putting it all into practice

Managing your time effectively – a time management tool

Plans and actions

“I wanted to say a huge thank you for yesterday. I thoroughly enjoyed the whole experience, even though I left feeling exhausted. I didn't sleep last night. My head full of ideas. Positively life changing." *Ms Rowan Rogers - Vanilla*

“I found the course a great way to focus my mind and think about what I really want to achieve. Making my goal SMART made me really think about how I could achieve a work life balance in a practical way” *Anne Johnson - HR Management Specialist*

How do I book my place?

* Email your details to [enquiries@gearupforsuccess.com](mailto:enquiries@gearupforsuccess.com) to receive your booking form